![RNAO logo] Registered Nurses' Association of Ontario
L'Association des infirmières et infirmiers
autorisés de l'Ontario

BPG ORDER SETS

What are BPG Order Sets[TM]

RNAO's BPG Order Sets (Figure 1) are derived from the practice recommendations published in RNAO's clinical best practice guidelines. BPG Order Sets are knowledge translation tools that make it easier to embed RNAO's guidelines within electronic health information systems.

Assessment of Adults for Fall Prevention and Injury Reduction

General Information
Instructions: This BPG Order Set[TM] is intended for nurses and the interprofessional team. It provides evidence-based interventions, a care pathway and resources to guide the assessment of adults for fall prevention and injury reduction. It is intended to be used in conjunction with the Order Set, *Prevention and Management of Falls in Adults*. Refer to the Decision Support Resources section for additional information to complete the assessments marked with ** and for an explanation of the 8-digit ICNP® code appended to each intervention statement.[1]
When completing this Order Set, engage adults at risk for falls and fall injuries using the following actions: (1) explore their knowledge and perceptions of their falls risk and their level of motivation to address their risk; (2) communicate sensitively about risk and use positive messaging; (3) discuss options for interventions and support self-management; (4) develop an individualized plan of care in collaboration with the person; and (5) engage family (as appropriate) and promote social support for interventions.[2]

Assessment	

Screening	☐ Screen all adults for falls risk **(10017585)****[3]
	Timing of screening:
	    ☐ Admission/initial contact ☐ Change in health status ☐ Routinely as per organizational policy
	
	    1. In the past year, has the person had any falls, slips or near misses? ☐ Yes ☐ No
	    2. Has the person experienced unsteady gait, poor balance or impaired mobility? ☐ Yes ☐ No
	    3. Based on your observations and clinical judgment, is the person at risk for falls? ☐ Yes ☐ No
	
	If the person is not at risk for falls, maintain universal fall precautions.**[4] Rescreen after a change in health status and routinely as per organizational policy. For persons who screen positive, conduct a falls risk assessment.
	
	Alert: Falls history is a significant risk factor and predictor of potential further falls.

Fall Risk Assessment	☐ Conduct a comprehensive falls risk assessment for "at risk" adults **(10023520)****[5] Falls risk factors (select all that apply): ☐ Previous fall in the past year ☐ Advanced age/frailty ☐ Fear of falling ☐ Blood sugar levels below 3.9 mmol/L ☐ Impaired balance ☐ Impaired mobility ☐ Recent surgery within the last 2 years ☐ Postural hypotension ☐ Dizziness/vertigo ☐ Visual impairment ☐ Cognitive impairment ☐ Socio-economic factors ☐ Polypharmacy ☐ Poor nutrition ☐ Bowel/bladder incontinence ☐ Chronic health condition ☐ Medication ☐ Other (specify): _____

Figure 1: Subset of the *Assessment of Adults for Fall Prevention and Injury Reduction Order Set*

Why Use BPG Order Sets

RNAO's BPG Order Sets are important to nurses in all health care sectors because they:

- Simplify and promote consistency in BPG implementations.
- Reduce variation in clinical practice.
- Promote consistency in documentation.
- Promote evidence-based decision-making at the point of care.

- Link assessments, interventions and outcomes to support evaluation and sustainability.

- Link specific interventions to process and outcome indicators in RNAO's Nursing Quality Indicators for Reporting & Evaluation® (NQuIRE®) data system.

- Describe nurses' contributions to the health of individuals, families and communities using a consistent approach.

- Facilitate access to and exchange of health information in a standardized manner.

How to Access the BPG Order Sets

To access the BPG Order Sets visit: **http://bpgorderset.rnao.ca**